Electronic Health Records and National Patient-Safety Goals

Dean F. Sittig, Ph.D., and Hardeep Singh, M.D., M.P.H.

Electronic health records (EHRs) are essential to improving patient safety. Hospitals and health care providers are implementing EHRs rapidly in response to the American Recovery and Reinvestment Act of 2009. The number of certified EHR vendors in the United States has increased from 60 to more than 1000 since mid-2008. Recent evidence has highlighted substantial and often unexpected risks resulting from the use of EHRs and other forms of health information technology. These concerns are compounded by the extraordinary pace of EHR development and implementation. Thus, the unique safety risks posed by the use of EHRs should be considered alongside the potential benefits of these systems.

At a time when institutions are focused heavily on achieving “meaningful use” requirements, we propose that clearer guidance be provided so that these institutions can align activities related to patient safety with the activities required to support a safe EHR-enabled health care system. A set of EHR-specific safety goals, modeled after the Joint Commission’s National Patient Safety Goals, may provide organizations with areas of focus for sustained improvements in organizational infrastructure, processes, and culture as they adapt to new technology.

EHR implementation is still highly heterogeneous across health care systems and providers, and this heterogeneity leads to equally variable implications for patient safety. For instance, the priorities for patient safety in an organization in the midst of an EHR rollout differ from those of an organization that has used a fully integrated EHR system for 5 or more years. To account for the variation in the stages of implementation and levels of complexity across clinical practice settings, we propose a three-phase framework for the development of EHR-specific patient-safety goals (e-PSGs). The first phase of the framework, aimed at all EHR users but especially at recent and future adopters, includes goals to mitigate risks that are unique and specific to technology (e.g., technology that is unsafe owing to unavailable or malfunctioning hardware or software). The second phase addresses issues created by the failure to use technology appropriately or by misuse of technology. The final phase focuses on the use of technology to monitor health care processes and outcomes and identify potential safety issues before they can harm patients. This framework can lay the foundation for the development of e-PSGs within the context of EHR-enabled health care.

**Goals**

**Phase 1: Address Safety Concerns Unique to EHR Technology**

Device failures and both natural and man-made disasters are inevitable. The potential consequences of an EHR failure become of increasing concern as large-scale EHR systems are deployed across multiple facilities within a health care system, often across a wide geographic area. These broadly distributed systems may be tightly coupled and lightning fast, but that also means that a malfunction can rapidly affect not only a single department or institution but possibly an entire community. Furthermore, because the operations of such systems are often decentralized and relatively opaque to end users, problems evade easy detection and solution. In a recent example, on April 21, 2010, one third of the hospitals in Rhode Island were forced to postpone elective surgeries and divert non–life-threatening emergencies when an erroneous automatic antivirus software update set off a chain of events that caused “uncontrolled [computer] restarts and loss of networking functionality.” A potential e-PSG, therefore, should be to reduce the effect of EHR downtime on clinical operations and patient safety. Table 1 lists some...
of the activities that organizations could undertake to achieve this goal.

Safety can also be compromised as a result of miscommunication between the components of an EHR system. For example, it is not uncommon for data-translation tables (used to encode and decode orders transmitted between disparate systems) to have mismatched data fields. These mismatched fields may affect orders by introducing inadvertent changes that are virtually undetectable by the computer or by the people not privy to the original sender’s intentions. An example of such an error is an order for 30 mg of oxycodone, sustained release, that is correctly entered in the computer-based provider order entry (CPOE) system but erroneously mapped to 30 mg of oxycodone, immediate release, in the pharmacy management system and incorrectly dispensed. Errors related to the transfer of information between systems may be detected by testing interacting components within the “live” EHR environment. However, this process is resource-intensive and therefore may not be carried out with adequate effort or attention. Therefore, an e-PSG could focus on reducing the miscommunication of data transmitted between different safety-critical components of the EHR. Recent evidence has shown that EHR accessibility and information transfer are two of the most common problems reported in EHR-related safety events.\(^\text{9,11,12}\)

**PHASE 2: MITIGATE SAFETY CONCERNS ARISING FROM FAILURE TO USE EHRS APPROPRIATELY**

One rationale for widespread use of EHRs is that certain patient harms can be prevented when EHRs are used appropriately. For instance, EHRs can facilitate and standardize the transfer of information between providers and help close the communication loop by promptly notifying providers when test results are abnormal. However, these benefits are predicated on the assumption that EHRs will be used correctly and as intended in routine practice.\(^\text{35}\) For example, if CPOE systems were to be used on some nursing units but not others, clinicians would need to check for orders and test results in multiple locations, increasing the likelihood that some information would be overlooked. Other partial uses of CPOE may leave noncomputerized processes more vulnerable to error. For example, if CPOE is used to order medications but not laboratory tests, there would be no way of ensuring closed-loop electronic communication of test results to the ordering providers, potentially leading to more missed results.\(^\text{30}\) Another hazard can arise if providers bypass structured data fields in CPOE and instead use EHR-based free-text communication to prescribe or discontinue medications, since free-text orders are not standardized and are vulnerable to miscommunication.\(^\text{37}\) To reduce these safety concerns, another e-PSG could be to mandate the use of CPOE for all medication orders, laboratory tests, and radiologic tests. Table 1 lists several strategies that may help to achieve this goal.

Second, the implementation and use of complex clinical-decision support (CDS) systems embedded in EHRs are prone to human error and cognitive constraints.\(^\text{38,39}\) Consequently, decisions related to various aspects of CDS interventions must be evaluated periodically. For example, although point-of-care CDS interventions are necessary to achieve the full benefits of EHRs and stages 1 and 2 of the meaningful use payments, outlined by the Centers for Medicare and Medicaid Services (CMS),\(^\text{41}\) alerts that interrupt the clinician’s workflow or thought process must be used judiciously. Many organizations turn on alerts with low specificity, which results in high rates of clinician override.\(^\text{24}\) Frequent overrides are associated with “alert fatigue,” which can lead clinicians to inadvertently ignore important information. Thus, another potential e-PSG could be to reduce alert fatigue. Alerts with override rates above a certain threshold should be discontinued or modified to increase their specificity.\(^\text{42}\) Similarly, hard stops (i.e., when users cannot proceed with the desired action) must be used only for the most egregious errors.\(^\text{43}\) Having such a goal will stimulate a multidisciplinary approach to reducing alerts that involves engaging cognitive scientists, human-factors engineers, and informaticians (i.e., scientists trained to work on the sociotechnical issues of information and communications technologies\(^\text{44,45}\)) to work on these complex issues with clinicians (Table 1).

Third, although there is increased safety associated with integrating free text, dictated reports, radiographic images, and other test results into EHRs (including improved legibility and rapid access),\(^\text{46}\) many institutions are not currently coding some of the critical data need-
<table>
<thead>
<tr>
<th>Potential Goal</th>
<th>Rationale</th>
<th>Suggestions to Achieve the Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phase 1: Address safety concerns unique to EHR technology</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reduce the effect of EHR downtime on patient safety</td>
<td>A robust computing infrastructure should include a plan that accounts for times when the computer is unexpectedly unavailable</td>
<td>Maintain backup paper forms for orders and clinical documentation in clinical areas</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Use clearly marked, easily activated, password-protected, read-only backup systems that contain the most recent clinical results and orders</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ensure complete, encrypted, daily, off-site storage of all patient data</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Use redundant hardware (e.g., database servers) for mission-critical applications</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Maintain uninterrupted power supplies capable of maintaining computer operations until generators come online</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Develop downtime (and reactivation) policies and procedures to put plans into operation and to train personnel in the use of these plans</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Report EHR uptime rates to the organization’s board of directors (or its equivalent) on a regular basis</td>
</tr>
<tr>
<td>Reduce miscommunication of data transmitted between different components of EHRs</td>
<td>Miscommunication can be problematic when sending remotely generated, “asynchronous” orders through multiple components of an EHR system</td>
<td>Mandate regression testing (i.e., testing to ensure that intended changes are correct and did not corrupt any other parts of the system) of all mission-critical applications after every modification</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Reduce the number of interfaces between mission-critical systems (e.g., between CPOE and pharmacy-management systems) developed by different software vendors</td>
</tr>
<tr>
<td><strong>Phase 2: Mitigate safety concerns arising from failure to use EHRs appropriately</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mandate CPOE for all orders of medications, laboratory tests, and radiologic tests</td>
<td>CPOE with advanced CDS has been shown to reduce errors of omission and commission</td>
<td>Create order sets for the most common condition-, task-, and service-specific clinical scenarios</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Make clinician log-in privileges conditional on training and testing in order entry</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Develop measurements for the safe and effective use of CPOE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Report CPOE rates to the organization’s board of directors (or its equivalent) on a regular basis</td>
</tr>
<tr>
<td>Reduce alert fatigue</td>
<td>Alerts with low specificity result in a high rate of clinician overrides and lead to “alert fatigue”; clinicians thus may inadvertently ignore important information</td>
<td>Implement drug–drug interaction, checking only for life-threatening combinations</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Focus CDS interventions on key organizational safety goals</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ensure that timing, content, and delivery of CDS interventions are appropriate to recipients and workflows</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Monitor the number and override rate of all alerts</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Report alert override rates to the organization’s board of directors (or its equivalent) on a regular basis</td>
</tr>
</tbody>
</table>
Enter all medications, allergies, diagnostic test results, and clinical problems as structured or coded data

Structured data are needed to realize the full potential of computer-generated CDS (e.g., checks for drug allergies, automated notification of abnormal test results, and reminders about drug-condition interactions).

Use standard clinical vocabularies

Implement two-way, system–system interfaces with all ancillary information systems both within and outside the organization to facilitate the capture and use of coded data.

Develop order entry templates

Phase 3: Use EHRs to monitor and improve patient safety

Use EHR-based “triggers” to monitor, identify, and report potential safety issues and events

Current incident-reporting systems capture a small proportion of events or only specific types of events; safety trends cannot be measured reliably at present

Identify high-risk target conditions within specific clinical contexts (e.g., administration of a medication used as an antidote, as in the administration of naloxone in an acute care unit)

Develop search criteria to identify these conditions (e.g., patients in need of particular tests, follow-up actions, or patients undergoing specific safety events)

Query the EHR regularly to detect events on the basis of search criteria.

Assign staff to take action on identified events

* CDS denotes clinical-decision support, CPOE computer-based provider order entry, and EHR electronic health record.
Given that only 48% of all eligible hospitals and only 20% of eligible physicians have currently attested to achieving stage 1 of the CMS meaningful use criteria, the development and application of e-PSGs could partially address the Institute of Medicine’s recent recommendation to create an EHR safety action and surveillance plan. The recommendations of such a plan should be tailored to the stage of EHR implementation. Recent adopters of EHRs could focus on the goals presented in phase 1 of our safety framework, making sure that the technology is safe to use, whereas organizations that have already achieved stage 1 meaningful-use criteria and have been using EHRs for several years could aim for goals from all three phases. Measurements related to e-PSGs would allow nationwide tracking and benchmarking of EHR-related safety performance. Policymakers and EHR vendors could collaborate on the development and certification of automated methods to measure and report new indicators annually from meaningful use certified EHRs in eligible hospitals. Examples of potential measures for e-PSGs might include EHR uptime rate (e.g., minutes the EHR was available to clinicians divided by number of minutes in a year), CPOE rate (e.g., number of orders electronically entered divided by the total number of orders during the year), and alert override rate (e.g., number of point-of-care alerts ignored divided by the total number of point-of-care alerts generated).

These goals will also need to be reviewed regularly and updated as needed in accordance with national priorities and research on EHR-related patient safety. In addition, many strategies not addressed in this article could be considered as recommendations or good clinical practices and progress in a stepwise fashion to future e-PSGs.

**APPLICATION OF THE THREE-PHASE e-PSG FRAMEWORK**

To create a coordinated, consistent, national strategy that will address the safety issues posed by EHRs, we propose that a concerted effort be made to improve health care safety in the context of technology use. This effort should address preventable risks that may hamper endeavors to create a safer EHR-enabled health care system. Further discussion and consensus among national agencies (e.g., the Office of the National Coordinator for Health Information Technology [ONC], the AHRQ, the Joint Commission, the Centers for Medicare and Medicaid Services) is clearly necessary for the adoption of future national patient-safety goals specific to EHR use. However, this approach must be given immediate priority considering the rapid pace of EHR adoption and the resulting changes in our nation’s health care system. National EHR-related patient-safety goals are needed to address current problems with existing EHR implementations and failures to leverage current EHR capabilities. For instance, the ONC has recently taken several important steps in this direction with release of the revised 2014 EHR certification criteria (e.g., emphasis on user-centered design and application of quality management systems in the EHR design and development process). Such efforts should be expanded in the future.

Goals must be technically feasible, financially prudent, and practically achievable within current constraints and be accompanied by specific guidance on achieving them. Input on these goals must be sought not only from EHR developers and clinical end users but also from cognitive scientists, human-factors engineers, graphic designers, and informaticians with expertise in patient safety in complex health care environments. Creating unique EHR-related national patient-safety goals will provide new momentum for patient-safety initiatives in an EHR-enabled health system.

The views expressed in this article are those of the authors and do not necessarily represent the views of the Department of Veterans Affairs or any of the funding agencies listed below. Support was provided by a Strategic Health IT Advanced Research Projects (SHARP) Program contract from the ONC (HS10092) (to Dr. Sittig); a career-development award from the National Institutes of Health (K23CA125585) (to Dr. Singh); the Veterans Affairs (VA) National Center for Patient Safety; the Agency for Health Care Research and Quality (R18HS017820); and the...
Houston VA Health Services Research and Development Center of Excellence (HFP90-020). These sources had no role in the preparation, review, or approval of this article.

Disclosure forms provided by the authors are available with the full text of this article at NEJM.org.

We thank Michael Shabot, M.D., Eric Thomas, M.D., M.P.H., and Robert Murphy, M.D., for their comments on an earlier version of this article; and Annie Bradford, Ph.D., for assistance with the editing of an earlier version of the manuscript.

From the University of Texas–Memorial Hermann Center for Healthcare Quality and Safety, School of Biomedical Informatics, University of Texas Health Sciences Center (D.F.S.), the Houston VA Health Services Research and Development Center of Excellence, and the Houston VA Patient Safety Center of Inquiry, Michael E. DeBakey VA Medical Center (H.S.), and the Section of Health Services Research, Department of Medicine, Baylor College of Medicine (H.S.) — all in Houston.

2. CMS Medicare and Medicaid EHR incentive programs, and the Office of the National Coordinator for Health IT, Certified Health IT Products List. data.gov, 2012 (https://explore.data.gov/djebykw72s8).


DOI: 10.1056/NEJMsa1205420

Copyright © 2012 Massachusetts Medical Society.